SMILE. SHABBAT IS COMING! | CANDLE LIGHTING: 7:47 PM

CONNECTION smile on seniors

WISHING YOU A SHABBAT SHALOM FROM SMILE ON SENIORS & CHABAD OF CAMARILLO!



Thoughts to Light By:

Shabbat is a great cure for seeing the cup half empty. The Day of Rest compels us to stop working towards something more, and to instead be joyful and content with the blessings we have. By asking us to pause and bask in its peaceful rays, Shabbat proclaims "Everything is good", and helps us acknowledge our blessings. When lighting our candles this week and closing our eyes to experience its light, let's take a moment to recognize the miracles in life.

They are everywhere we chose to look.

Shabbat Shalom!

PS – Please pray for the safety and security of our brothers and sisters in the Holy Land.



(C) Joke of the Week:

An American tourist in Tel Aviv was about to enter the impressive Mann Auditorium to take in a concert by the Israel Philharmonic. He was admiring the unique architecture, the sweeping lines of the entrance, and the modern decor throughout the building. Finally he turned to his friend and asked if the building was named for Thomas Mann, the world-famous author.

"No" his friend said, "it's named for Fredrick Mann, from Philadelphia."

"Really? I've never heard of him. What did he write?"

"A check."

Thank You to ALL of our volunteers:

- Fil Barton
- Maxine Mennin
- Harvey Brosler
- Richard Milgram
- Carisa Carillo
- Marion Warren
- Jodie Cohen
- Hope Kaplan
- Rick & Larry Weinberger
- Barbara & Harvey Yago
- Sheldon & Joyce Hayutin
- Barbara & Barry Lampke



Photo of the Week

Some of the volunteers who help package and distribute cheesecake, challah, and soup



Story of the Week:

It is not uncommon for people to contact Chabad Houses around the world in times of medical urgency. The Rebbe, of righteous memory, advice and blessings are known to help thousands in need. Therefore, even when a person has had little contact with Chabad beforehand, he may turn to Chabad at a time of crisis.

One day a man knocked on the door of the home of Rabbi Yechiel Lechiani in Grenoble, France.

"My name is Mr. Medina," he introduced

himself. "My brother-in-law is very ill. His doctors say that it is necessary to operate immediately, but they have also warned us of the risks which may result from his unstable condition. Please help me contact the Rebbe for a blessing."

The Rebbe's answer arrived rapidly. As he frequently does regarding medically-related questions, the Rebbe responded:

"Take the advice of a doctor who is a friend." Rabbi Lechiani accompanied Mr. Medina to the hospital and told the Rebbe's answer to his brother-in-law. The sick man's eyes opened wide in wonder.

"Is that so?" he exclaimed in surprise.

"Is that really what the Rebbe said? Only five minutes ago, one of the doctors came to see me. He looked me straight in the eye and said,

'As a doctor, I would not be able to decide whether to risk the surgery or not. However, as a friend, I'm telling you, go through with the operation!' "

The operation was successful.

Join our weekly



TORAH STUDY **GROUP** with Rabbi Yosef

NOW BACK IN PERSON & ON ZOOM! TUESDAY'S, @ 2:45PM

MEETING ID: 825 834 9221

Next Class: Tuesday, June 8th Topic: AIM HIGH

Emulating Korach's Noble Intentions For too long, Korach has been perceived as a one-dimensional villain. This class argues that there's much to learn from his intentions. After all, there's something to say about someone who has a passionate drive to connect with the Divine. Ask yourself: Does a lack of G-d in your life make YOU cry?

Classes are free and open to all. Contact Rabbi Yosef for in-person location @ 805-383-7882 ext. #2



🗴 🖒 Shabbat Candles **Blessing:**

Transliteration: Bah-rookh ah-tah ah-doh-noi eh-loh-hay-noo mehlekh hah-oh-lahm ah-sher ki-dehshah-noo beh-mitz-voh-tahv vehtzee-vah-noo leh-hahd-lik nehr shehl shah-baht koh-dehsh.

Translation: Blessed are You, Lord our G-d, King of the universe, who has sanctified us with His commandments, and commanded us to kindle the light of the holy Shabbat.

- Know anybody in need of a friendly phone call or visit?
- Interested in volunteering to deliver challahs or soup?
- Are you wishing to get a weekly dose of inspiration and sense of companionship?

Chabad and Smile on Seniors are here you for YOU. Do not hesitate to call.

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